



GOLYTELY PREPARATION

PLEASE READ THE PREP INSTRUCTIONS NOW TO KNOW THE STEPS WELL AHEAD OF THE PROCEDURE DATE.

Your procedure is scheduled on: _____

Your need to **ARRIVE** at: _____

Scheduled procedure time: _____

The procedure will be performed at the facility selected below:

_____ THE ENDOSCOPY CENTER OF DELAWARE

1090 OLD CHURCHMAN'S ROAD

NEWARK, DELAWARE 19713

(302)-892-2710

_____ LIMESTONE SURGERY CENTER

1941 LIMESTONE ROAD, SUITE 107

WILMINGTON, DELAWARE 19808

(302)633-9873

_____ CHRISTIANA HOSPITAL GI LAB, STATION 5

4755 OGLETOWN STANTON ROAD

NEWARK, DELAWARE 19713

(302)733-1000

PICK YOUR PRESCRIPTION UP AT: _____

PLEASE BE AWARE THAT ANY PROCEDURE CANCELLATION MUST BE DONE AT LEAST 72 BUSINESS HOURS PRIOR TO PROCEDURE OR PATIENT WILL BE SUBJECT TO A CANCELLATION FEE

*****REMEMBER*****

You **MUST** have a driver to bring you home after your procedure. You are permitted to use a certified medical transport if necessary. Buses are not permitted. A driver is a must or your procedure will be cancelled.



HAVE A CLEAR LIQUID DIET THE DAY BEFORE THE TEST. DRINK PLENTY OF FLUIDS

You may or may not be asked to take 4 dulcolax tablets at 12 noon the day before with your Golytely prep.

GOLYTELY PREPARATION INSTRUCTIONS FOR COLONOSCOPY

- **The day before your procedure in the morning, fill the Golytely jug with warm water to the fill line, shake well and refrigerate for the rest of the day.**

- **At 6:00 PM, the evening before your procedure drink 8oz. of the Golytely liquid every 10-15 minutes until the entire jug is finished. If you begin to feel sick to your stomach take a short break until the feeling passes then continue drinking.**

- **You should complete drinking the Golytely liquid by 9:00PM or within 3 hours of starting.**

- **You will begin to have loose stools 1-3 hours after you begin drinking the prep. Your bowel movements need to be liquid and clear before the test. You may want to use moist wipes during this time to avoid irritation.**

- **It is important that you follow the bowel prep instructions. If your stool is not clear liquid your procedure may need to be rescheduled.**

- **Please drink plenty of clear liquids, have 3-4 more 8oz. glasses of any clear liquids before going to bed. It is very important that you drink plenty of fluids.**