

Donald A. Girard, M.D., F.A.C.G

5211 West Woodmill Dr., Suite 36

Wilmington, DE 19808

Phone: (302)633-5755 Fax: (302)633-5751

GOLYTELY PREP

**PLEASE READ THE PREP INSTRUCTIONS NOW TO KNOW THE STEPS
WELL AHEAD OF THE PROCEDURE DATE.**

Your Procedure is scheduled on: _____

Procedure Time: _____

You need to arrive at: _____

The Procedure will be performed at the facility selected below:

- The Endoscopy Center of Delaware
1090 Old Churchmans Rd.
Newark, DE 19711
302-892-2710

- Limestone Surgery Center
1941 Limestone Rd, Suite 107
Wilmington, DE 19808
302-633-9873

- Christiana Hospital GI Lab, Station 5,
4755 Ogletown Stanton Rd.
Newark, DE 19711
302-733-1400

*****PICK YOUR PRESCRIPTION UP AT : _____

***PLEASE BE AWARE THAT ANY PROCEDURE CANCELLATION MUST BE DONE AT LEAST 72 BUSINESS HOURS
PRIOR TO PROCEDURE OR PATIENT WILL BE SUBJECT TO A CANCELLATION FEE...**

*******REMEMBER*******

• **YOU MUST HAVE A RIDE AFTER THE PROCEDURE.** Going in a taxi or bus by yourself will not be allowed. YOU WILL BE UNDER MILD SEDATION, A DRIVER IS A MUST OR YOUR PROCEDURE WILL BE CANCELED.

• **HAVE A CLEAR LIQUID DIET THE DAY BEFORE THE TEST.** Drink plenty of Fluids!

A colonoscopy preparation can cause dehydration and loss of electrolytes if you do not!

If you have any questions or concerns please feel free to call our office.

Golytely Preparation Instruction for Colonoscopy

- The day before your procedure in the morning, fill the golytely jug with warm water to the fill line, shake well and refrigerate for the rest of the day.
- At 6:00p.m., the evening before your procedure drink 8oz of the Golytely liquid every 10-15 mins. until the entire jug is finished, if you begin to feel sick to your stomach take a short break until the feeling passes then continue drinking.
- You should complete drinking the Golytely liquid by 9:00pm or within 3 hours of starting.
- You will begin to have loose stools 1-3 hours after you begin drinking the Golytely prep. Your bowel movements need to be liquid and clear before the test. You may want to use moist wipes during this time to avoid irritation.
- It is very important that you follow the bowel prep instructions. If your stool is not clear liquid your procedure may need to be rescheduled.
- Please drink plenty of clear liquids, have at least 3-4 more 8 oz. glasses of any clear liquid before going to bed.